

**A Plan For Senior Care  
Low Income & Senior Resources**

**ADULT DAY CARE INFORMATION**

[www.aging.ca.gov/programs/adhc/adhc\\_centers.asp](http://www.aging.ca.gov/programs/adhc/adhc_centers.asp)

[www.caads.org/find\\_program/find\\_program.htm](http://www.caads.org/find_program/find_program.htm)

Medi-Cal In-Home Support Services 800-510-2020 or visit [www.rcaging.org/opencms/Programs\\_Services/index.html](http://www.rcaging.org/opencms/Programs_Services/index.html)

**ADULT PROTECTIVE SERVICES- CAN ASSIST WITH LOCATING HOUSING**

[www.dss.cahwnet.gov/pdf/apscolist.pdf](http://www.dss.cahwnet.gov/pdf/apscolist.pdf)

[www.apsnetwork.org](http://www.apsnetwork.org)

<http://css.lacounty.gov/Aps/Aps.html#pagetop>

**AREA OFFICE ON AGING SENIOR CARE AND HOUSING OPTIONS**

(800) 510-2020. [www.officeonaging.ocgov.com](http://www.officeonaging.ocgov.com)

**CALIFORNIA TELEPHONE ACCESS PROGRAM**

Phones for people having difficulty seeing, hearing, speaking, remembering or moving

1 (800) 806 1191

[www.ddtp.org](http://www.ddtp.org)

**CHURCHES**

**COUNTY HUMAN SERVICE & HOUSING AGENCY**

[www.cwda.org/links/chsa.php](http://www.cwda.org/links/chsa.php)

1-800-569-4287

**HOMELESS RESOURCES**

**Homeless Shelter**

[http://dir.yahoo.com/Society\\_and\\_Culture/issues\\_and\\_causes/housing/homelessness/organizations/relief\\_organizations/shelters](http://dir.yahoo.com/Society_and_Culture/issues_and_causes/housing/homelessness/organizations/relief_organizations/shelters)

[www.homeless.org.au/directory/shelters.ht](http://www.homeless.org.au/directory/shelters.ht)

**HUD HOUSING INFORMATION**

Senior Housing Affordable Housing for Elders

National Hotline 1-800-899-0089

[www.hud.gov/groups/seniors.cfm](http://www.hud.gov/groups/seniors.cfm)

**LOW-INCOME HOUSING**

[www.apartmentguide.com/senior/California](http://www.apartmentguide.com/senior/California)

[www.publichousing.com/state/California](http://www.publichousing.com/state/California)

**MEDI-CAL**

[www.medi-cal.ca.gov](http://www.medi-cal.ca.gov)

[www.dhcs.ca.gov/services/medi-cal](http://www.dhcs.ca.gov/services/medi-cal)

[www.medi-cal.ca.gov/contact.asp](http://www.medi-cal.ca.gov/contact.asp)

1-800-541-5555

**Medi-Cal office in California:**

[www.dhcs.ca.gov/services/medi-cal/Pages/CountyOffices.aspx](http://www.dhcs.ca.gov/services/medi-cal/Pages/CountyOffices.aspx)

**Medi-Cal Enrollment Form:**

[www.dhcs.ca.gov/services/medi-cal/Pages/MediCalApplications.aspx](http://www.dhcs.ca.gov/services/medi-cal/Pages/MediCalApplications.aspx)

**Medi-Cal – What it Means To You:**

[www.dhcs.ca.gov/formsandpubs/publications/Documents/Medi-Cal\\_PDFs/pub68\\_english.pdf](http://www.dhcs.ca.gov/formsandpubs/publications/Documents/Medi-Cal_PDFs/pub68_english.pdf)

**MEDI-CAL ASSISTED LIVING WAIVER PROGRAM ENROLLMENT CARE COORDINATOR**

Star Nursing

Medi-Cal Assisted Living Waiver Care Coordinator

[www.starnursing.com](http://www.starnursing.com)

Nancy Frost

[Nancy@starnursing.com](mailto:Nancy@starnursing.com)

(877) 687-7399

Libertana Home Health

Medi-Cal Assisted Living Waiver Care Coordinator

[www.libertana.com](http://www.libertana.com)

Jonathan Istrin

[jistrin@libertana.com](mailto:jistrin@libertana.com)

(800) 750-1444

**MEDICATION DISCOUNTS AND PROGRAMS**

[www.aafp.org/fpm/20050300/49what.html](http://www.aafp.org/fpm/20050300/49what.html)

<https://secure.medactionplan.com/mymedschedule/index.htm>

**RENTAL TENANTS RIGHTS ORGANIZATIONS**

[www.caltenantlaw.com/Rights.htm](http://www.caltenantlaw.com/Rights.htm)

[www.courtinfo.ca.gov/selfhelp/other/lglsvcpqm.htm](http://www.courtinfo.ca.gov/selfhelp/other/lglsvcpqm.htm)

**SENIOR APARTMENT WEBSITES**

[www.apartmentfinder.com](http://www.apartmentfinder.com)

[www.apartmentguide.com/senior](http://www.apartmentguide.com/senior)

**SENIOR CENTERS- CAN OFFERS MEALS, CARE MANAGEMENT, HOUSING ASSISTANCE**

[www.vitalco.net/Senior%20Centers/orange\\_senior.htm](http://www.vitalco.net/Senior%20Centers/orange_senior.htm)

**SENIOR SHARED HOUSING**

(714) 567-7500

(714) 567-7435

1300 S Grand Ave Bldg B

Santa Ana, CA 92705

**SOCIAL SECURITY OFFICE – TO RAISE INCOME TO SSI**

Supplemental Social Security Income

(800) 772-1213

[www.socialsecurity.gov/ssi/text-understanding-ssi.htm](http://www.socialsecurity.gov/ssi/text-understanding-ssi.htm)

**SSI OUTREACH ASSISTANCE TO APPLY FOR SUPPLEMENTAL SECURITY INCOME**

714-568-0082

[ssioutreach@mhaoc.org](mailto:ssioutreach@mhaoc.org)

[www.mhaoc.org](http://www.mhaoc.org)